



Twisted Rib Hand-Warmers

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This pattern gives a 'twist' to the Hand-warmers. It is still stretchy but has a slightly different look.

The hand-warmer is designed to keep a child's wrist and hand covered while leaving the fingers free. This pattern is basically a square that will fold around the hand, leaving an opening for the thumb.

The ribbing allows for extra warmth as well as stretch to fit the child as they grow. If you are concerned about warmth, please use 100% wool or a wool/acrylic blend with the 4.00mm needles. The children need to be able to write while wearing the Hand-Warmers which means a thicker yarn is not practical.

Note: Please place one hand-warmer inside the other in order to keep them together. We ask that you not tie or safety pin them together. The volunteers must remove all fastenings prior to distributing, which is time consuming.



Materials and Equipment

- Warm, soft yarn in appropriate weight for the needle size
- 4.00mm/US 6 needles
- Yarn needle

Instructions:

Cast on 37 stitches

Row 1: K2, P2 to last stitch, K1

Row 2: K2, P2, to last stitch, K1

Continue until work measures 6 inches/15 cm.

Cast off leaving a long tail.

Join the two sides. Beginning at top edge, sew sides together for 1 inch/2.5 cm, **leave next 1.5 inch/4 cm open for thumb**, sew remainder of sides together.

Repeat for second hand-warmer.



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