



## Hand-Warmers

Linda Maltby

The hand-warmer is designed to keep a child's wrist and hand covered while leaving the fingers free. This pattern is basically a square that will fold around the hand, leaving an opening for the thumb. (*Model demonstrating his ability to wiggle his fingers freely*)

The ribbing allows for extra warmth as well as stretch to fit the child as they grow. If you are concerned about warmth, please use 100% wool or a wool/acrylic blend with the 4.00mm needles. The children need to be able to write while wearing the Hand-Warmers which means a thicker yarn is not practical.



**Note:** Please place one hand-warmer inside the other in order to keep them together. We ask that you not tie or safety pin them together. The volunteers must remove all of these fastenings prior to distributing, which is time consuming.

### Materials and Equipment

- Warm, soft yarn in appropriate weight for the needle size
- 4.00mm/US 6 needles
- Yarn needle

### Instructions:

Cast on 36 sts.

**Row 1:** K2, P2 to end

**Row 2:** K2, P2 to end

Repeat row 2 until work measures approx. 6 inches/15cm

Cast off, leaving a long tail for sewing.

Join the two sides. Beginning at top edge, sew sides together for 1 inch/2.5 cm, **leave next 1.5 in/4 cm open for thumb**, sew remainder of sides together.

Repeat instructions for second hand warmer.

## Variation 1:

Be creative by using bright colours or/and stripes. This is a great way to use up smaller balls of yarn.



Karen Bennett

## Variation 2:

Nicole Pickering

Using 4.00mm/US 6 dpns

Cast on 40 sts

Divide 10 sts onto each dpn

Be careful not to twist cast on row.

**Rnd 1:** K2, P2 all the way around.

**Repeat** K2, P2 in rounds until work measures 3.5inches/8.5cm

**Next Rnd: [thumb opening]** \*\*Slip first stitch purlwise and continue in ribbing to end of row. Turn. Repeat from \*\* to 1.5 inches/4 cm

**Next Rnd:** K2, P2 all the way around and continue working in the round for 1inch/2.5cm.

Cast off in the round. Join the end tail to the beginning of the round. Sew in both tails.



...and make a vulnerable or orphaned child warm  
a KasCare program

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